CONFIDENT YOU

GOALS PLANNER.



up valuable dreaming space in your brain. DUMP IT ALL OUT HERE!

Time to clean house! Are there things you need to do to get the clutter in your life out of way so you can get on with kicking some serious butt? List it here, list everything from clean out the fridge to finalise my taxes, there's no item too big or too small to be taking

WHAT DO YOU WANT?

Be specific and really flesh out your dream/goal here. Include a who, what, when, wh and where (an oldie but a goodie) and start to form a picture of what it looks like.

Rather draw? Go nuts!

WHAT IS THERE TO DO?

When it comes to your dream/goal there will be steps you need to take. Actions that wi be required by you, and maybe others, to get you there. It's list time! Write them down
add to them as you go.

TO DO THIS WEEK
TO DO THIS MONTH
TO DO - DATE SPECIFIC

WHO IS GOING TO HELP YOU GET THERE?

There will be things that you can't take on or do yourself, and that's where those tricky or tough conversations come in. Make a list of people who are going to be contributing or participating in you getting what you want below.

Fiff out the planner team, then go be awesome. Your dream life awaits.